

Climate influence on chemical composition and antioxidant activity of *Justicia pectoralis* Jacq.

Influencia del clima en la composición química y la actividad antioxidante de *Justicia pectorales* Jacq

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ABSTRACT

In this paper, the influence of the altitude in the phenols and flavonoids contents and the antioxidant activity of the extracts of different polarities of *Justicia pectoralis* Jacq (Acanthaceae) was evaluated. There was found that the plants cultivated under the Ibagué-Tolima's climate and soil conditions, can be a source of antioxidant compounds, especially in water preparations. The chromatographic analysis revealed that *J. pectoralis* extracts have mainly flavonoids of the flavonone type, as apigenine. A greater (or The greatest) content of flavonoids was detected in the ethanolic extract of the plant samples grown at 1 265 m.a.s.l. (meters above sea level) (2 748,03 mg/L). The altitude level does not seem to have any influence on the functional properties, neither on the phytophenols content. The *J. pectoralis* Jacq can be considered one species with a high therapeutic potential and with good commercial opportunities.

Key words: Antioxidant activity, *Justicia pectoralis* (Acanthaceae), phenolic content, Flavonoids.

RESUMEN

En este trabajo se evaluó la influencia de la altitud en el contenido de fenoles y flavonoides y la actividad antioxidante de los extractos de diferentes polaridades provenientes de *Justicia pectorales* (Acanthaceae). Se halló que las plantas cultivadas en las condiciones del suelo y el clima de la zona Ibagué-Tolima pueden constituirse en compuestos antioxidantes, especialmente en preparados acuosos. El análisis cromatográfico reveló que los extractos de *J. pectorales* poseen en lo fundamental flavonoides del tipo flavona como es la apigenina. Un mayor contenido (sino el mayor) de flavonoides se detectó en el extracto etanol obtenido de las muestras de la planta cultivadas a 1 265 metros por encima del nivel del mar (2 748,03 mg/L). La altitud no parece influir en las propiedades funcionales, ni en el contenido de fitofenoles del extracto. La *J. pectorales* puede considerarse una especie de gran potencial terapéutico y buenas posibilidades de comercialización.

Palabras clave: actividad antioxidante, *Justicia pectorales* (Acanthaceae), contenido de fenoles, flavonoides.

INTRODUCTION

Day after day, the number of diseases in which the etiology connected to oxidative stress, produced when reactive oxygen species (ROS) or the nitrogen (NOS); known as nitrogen stress. These diseases over number, in an independent or a joint way, the antioxidant defenses on our organism.¹ The nervous tissues seem to be the best place for those pro-oxidant compounds since they have chemical characteristics such as high quantities in polyunsaturated fatty acids, high concentrations of iron and low quantity of antioxidant enzymes.

Some medicinal plants and cooking herbs turn out to be of a particular interest due to the fact that they can be used for the production of preparations that possess compounds with a significant antioxidant effect. This effect is said to have happened by the phenolic type, such as flavonoids.² Phenolic acids and diterpenesphenolics.³ The antioxidant activity of the phytophenols is due to its redox property, which plays an important role in capturing the free radicals, inhibiting the single and triple oxygen, nitrogen oxide or decomposition of peroxides.⁴

The phytophenols have usually been considered as anti nutritious factors due to their abilities to chelate metals, their adverse effects to precipitate proteins, since most of them are present as glycosides which lead lyses in the intestine. Consequently, this could imply in the blocking of heterocyclic aromatics amines that promote the gastric and colon carcinogenesis; despite the given fact, literature directly correlates the antioxidant activity.⁵⁻⁷ Specifically, the flavonoids are the most important group of natural phenols and more than 4 000 have been identified on several superior and inferior species of plants.

Justicia pectoralis Jacq. (Acanthaceae) is known as «Bull tamer». This plant is widely used by the Tolima regions ethnics and it represents the publicly called «traditional medicine», which has been transmitted from generation to generation due to its ethno medicine relevant properties. This has helped increase the interest of researchers in studying the biological, chemical and pharmacological properties of the species.⁸⁻¹¹

In the present work, a group of tests was carried out in order to know the correlation of the antioxidant activity with the phenolic and flavonoids total contents of *J. pectoralis*. In this line an aqueous and organic extracts of the plant were analyzed. This plant was grown in two thermal floors with the aim of knowing the altitude effect in its chemical and biological properties and to contribute in the knowledge of our native flora.

METHODS

Chemicals

All the chemicals used were of analytical reagent from Merck or HPLC grade Sigma Chemical Co (St. Louis, Missouri, USA).

Plant Material

The aerial parts of *J. pectoralis* were collected in Ibagué (4° 26' N y 75° 13' O, 24 ± 1 °C. Colombia), at 1 265 and at 1 030 m.a.s.l., under the conditions of a semitechnical cultivation. A sample was carried to the Toli Herbarium at University of Tolima; it was referenced with the code 008989. The collected plant material was air-dried under the shade and ground in a manual mill and kept at room temperature (27 ± 2 °C, 48 h) in order to protect it from the direct light.

Preparation of the plant extracts

A sample of ground and dried material was soaked in ethanol and ethyl acetate (48 h, rate 1:20, plant/solvent). The solvent was renewed every 24 h until the sample was run out. Additionally, some water extract was used (rate 1:20, plant/solvent; 30 min) by the decoction method according to the methodology used by the ethnic groups. The organic and aqueous extracts were concentrated under vacuum at 40 °C to obtain a viscous material. This material was kept (4 °C) in labeled glasses.

Determination of the phenolic content

The content of total phenolic compounds of the extracts was quantified by using the Folin-Ciocalteu (FC) reactive, according to the procedure by *Singleton and Rossi*.¹² The extract (1 mL, 40 µg/mL) was measured with water up to 50 mL; 1 mL of this solution was mixed with the FC (2.5 mL, diluted 1:1 on distilled water) reactive and sodium carbonate (2 mL 7.5 %); the mixture was incubated (10 min, 50 °C). This mixture was cooled and the reaction mixture absorbance was measured at 760 nm. The blank was prepared with all the reagents except the sample. The gallic acid was chosen as a standard using 6 point standard curve (10-50 µg/mL). All the tests were conducted in triplicate. The total phenolic content was expressed as milligram gallic acid/g extract.

ANTIOXIDANT ACTIVITY

Free radical scavenging activity

The interaction of constituents of samples was determined based on their ability to react with the stable 2,2-diphenyl-1-picryl-hydrazyl (DPPH) free radical. The procedure described by Ohinishiwas not widely adopted.¹³ The assay was carried out with aliquots of 1mL of each sample added to 3 mL of an ethanol solution of DPPH (0.1 mM), the mixture was incubated at a temperature of 25 °C for 30 min, and the absorbance of each solution was determined at 517 nm.

The scavenging effect of the radical of each sample was calculated and compared with the scavenging effect of 2.6 di-butyl-4-methylphenol (BHT), in the concentrations of 10-100 µg/mL All the tests were conducted in triplicate. The scavenging effect of the DPPH radical was calculated using the following equation:

$$\text{DPPH scavenging effects (\%)} = \left[\frac{\text{AbsDPPH} - \text{AbsSAMPLE}}{\text{AbsDPPH}} \right] \times 100$$

Ferric Reducing Antioxidant Power

The ferric reducing antioxidant power (FRAP) assay suggests an indication of the reducing ability of the plant extract. The reducing power of *J. pectoralis* ethanolic, ethyl acetate and aqueous extracts was determined using the method described previously by Choi y Hwang.¹⁴ A serial dilution of the extract was performed (40-160 µg/mL) in (2.5 mL, 0.2 M, pH, 6.6) phosphate buffer containing 1 % ferrocyanate (2.5 mL). The mixture was incubated (50 °C, 20 min). 10 % trichloroacetic acid (TCA, 2.5 mL) was added to a portion of this mixture (6 mL) and centrifuged (3 000 g /10 min). The supernatant was separated and mixed with distilled water (2.5 mL) containing 1 % ferric chloride (0.5 mL). The absorbance of this mixture was measured (700 nm). The increase of the variable permitted to know the reducing power. The intensity in absorbance could be the measurement of antioxidant activity of the extracts and compared with the activity of Ascorbic acid (AA) and Gallic acid (AG), at 15 µg/mL, used as reference standards. All the tests were conducted in triplicate.

Determination of Fe²⁺-chelating ability

The chelation of ferrous ion by the extracts, gallic acid, BHT and EDTA, used as standard, was measured using the method described by *Diniset al.*¹⁵ The *J. pectoralis* extracts (320 µg/mL), was mixed with FeCl₂ (0.1 mL, 2.0 mM) and after 30 min, 3-(2-pyridyl)-5,6-bis(4-phenylsulfonic acid)-1,2,4-triazine (ferrozine 0.2 mL, 5 mM) was added. The resulting mixture was shaken vigorously and left to stand for 10 min at room temperature. The absorbance of the resulting solution was measured (562 nm). The lower the absorbance of the reaction mixture, the higher the Fe²⁺-chelating ability. The percentage of inhibition of ferrozine-Fe²⁺ complex formation was calculated from the absorbance ratio to that of the blank without any sample and calculated using the following equation:

$$\% \text{ Inhibition} = \left[\left(\frac{A_0 - A_1}{A_0} \right) \right] \times 100$$

A₀ indicates the absorbance of the control and A₁ the absorbance in the presence of the *J. pectoralis* extracts, artificial antioxidants or EDTA.

Scavenging of hydrogen peroxide

The ability of the extracts to scavenge hydrogen peroxide was determined according to the method of *Ruchet al.*¹⁶ A solution of hydrogen peroxide (40 mM) was prepared in phosphate buffer (pH 7.4). The solution concentration was measured by using a spectrophotometer at a wave length of 230 nm by using a constant molar absorbing of $81 \text{ n}^{-1} \text{ L cm}^{-1}$ in distilled water. The percentage of hydrogen peroxide scavenging by the extract and standard compounds was calculated as follows:

$$\% \text{ Scavenged } [\text{H}_2\text{O}_2] = \left[\frac{A_M}{A_B} \right] \times 100$$

A_B was the absorbance of the control and A_M was the absorbance in the presence of the sample of extract and standard. The activity of extracts was contrasted with the ascorbic acid, gallic acid and rutin (15 $\mu\text{g/mL}$).

Qualitative analysis of flavonoides

Thin-layer chromatography (TLC) was performed on precoated 20 x 20 cm TLC plates coated with 0.25 mm layers of silica gel 60 F254 (Merck). After application of the extract and standard solutions (10 μL), the plates were developed on 19 cm in paper-lined all-glass chambers (Desaga, Germany) previously left to equilibrate for at least 30 min. Two chromatography solvents were used: ethyl acetate/formic acid/acetic acid/water, 100:11:11:26 (V/V) and ethyl n-hexane /acetate/formic acid, 62:28:10 (V/V) (Visualization of the flavonoids was achieved by spraying the sheets with AlCl_3 at 1 %.¹⁷ Typical intense fluorescence in UV light at $\lambda = 365 \text{ nm}$ was produced immediately on spraying (flavonoids appeared as orange-yellow bands).

HPLC analysis of flavonoids

The HPLC system was equipped with a Hewlett Packard 1100 serial system, consisting of a quaternary pump, online degasser, auto-sampler, column heater and variable wavelength detector. Separation was achieved on a reversed phase column (Hypersil ODS 5 μm , 125 x 4 mm), provided with a C18 guard column and methanol-water (7:3), v/v, isocratically, was employed as the mobile phase. The flow rate was kept constant at 0.7 mL/min and the peaks were identified using Diode array detector (DAD) at 335 nm. The temperature of the column during analysis was maintained at 40 °C. The injection volume was 20 μL each time.

Calibration

Stock solutions of apigenine (10-400 $\mu\text{g/mL}$) were prepared as well as 2.0 mL of the stock solution. Each was put into a 25 mL volumetric flask and adjusted with methanol for the standard curves. The analysis of the lineal regression, the correlation coefficient (r^2), the relative standard deviation (%RSD), or variation coefficient (VC) was determined using the Software of (Chemstation LC unit). The identification of the flavonoids was made taking into account the comparison of the retention time (t_R), in the solutions of the different extracts of *J. pectoralis* and the patterns naringenine, Hesperidin, Myricetin, Shikimic Acid and choleoregenic acid.

Statistical analysis

Experimental results are expressed as Means \pm SD. All measurements were replicated three times. The analysis on lineal regression was made to calculate the

dose-response relationship of the standard solutions and also for the samples of the analyzed extracts. The correlation degree between the variables was expressed through the correlation coefficient r_{xy} . In order to determine if there was an effect of the altitude in regards to the antioxidant activity, an ANOVA was used. The differences between the treatments were tested by using the Post-hoc (LSD, Tukey and Bonferroni) application. The STATISTICS 7.0 software program was used.

RESULTS

The types of flavonoids in the extracts of *J. pectoralis* were qualified by thin-layer chromatography based on the following patterns: (1) Naringenin, (2) Apigenine, (3) Hesperidin, (4) Myricetin, (5) Shikimic acid, (6) Chrologenic acid, (7) Kaempferol and (8) Quercetin (fig. 1). The thin layer chromatography analysis revealed that the samples had mainly flavonoids, especially of the flavone kind, just like the apigenine, particularly on the ethanol extracts (1) and the ethyl acetate (5) obtained from the collected plant piece at 1 265 m.a.s.l., respectively.

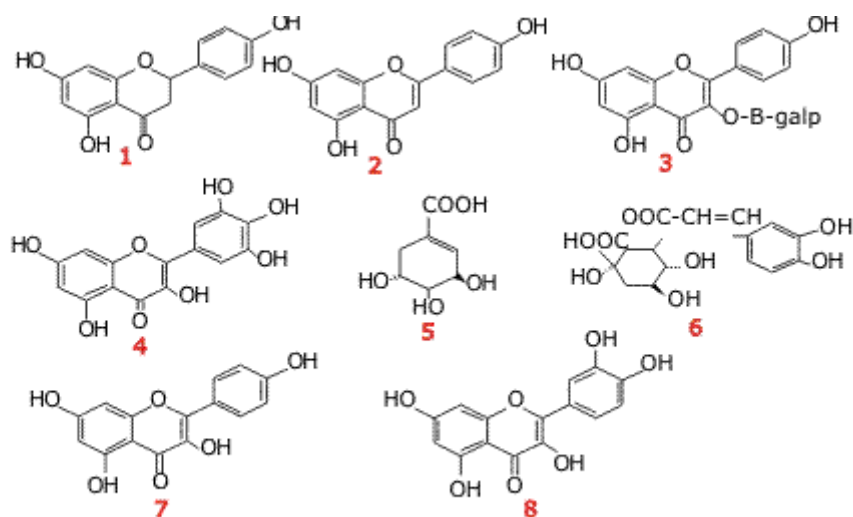


Fig. 1. Phenolic Compounds and flavanoids tested by thing layer chromatography.

Table 1 shown the performance and the content of total phenols for every one of the extracts of *J. pectoralis*, calculated by the regression equation of the calibrating curve: $y = 0.0167x - 0.0534$, $r^2 = 0.9996$ and are expressed as equivalent milligrams of Gallic acids per extracted gram (EAG/gEx). As seen, the ethanol was able to get the greatest quantity of phytophenols. The highest altitude level seemed to promote the biosynthesis of these metabolites.

Table 1. Performance and content of total phenols on *J. pectoralis* extracts

Extract number	Solvent	Altitude level I (m.a.s.l.)	Performance (%)	Total phenols (mgEAG/gEx)*
1	Ethanol	1 265	11,3	266,3 ± 4,4
2	Ethanol	1 050	4,8	209,6 ± 13,2
3	Aqueous	1 265	8,7	155,8 ± 0,9
4	Aqueous	1 050	8,3	136,1 ± 2,8
5	Ethyl acetate	1 265	11,3	129,0 ± 6,9
6	Ethyl acetate	1050	7,1	91,2 ± 2,3

* The results correspond to the average from three determinations (n= 3) ± DS.

Over the base of the qualitative chromatographic results on thin layer, the apigenine was used as an external pattern to quantify the flavonoids present on in the *J. pectoralis* extracts. Under the chromatographic conditions of HPLC, the apigenine showed a retention time of (t_r), 4.25 min average and a calibration curve of ($r^2 = 0.9984$). The mobile phase on the analysis showed an adequate separation degree, the resolution of the peaks was appropriate and there was a low noise; this permitted to obtain a stable base line during the several analyses (6 min); these parameters were done in all the trials.

On table 2 the content of flavonoids from all the samples of *J. pectoralis* is shown, while on figure 2 the chromatogram of the sample with the greatest content of flavonoids, is shown influence on the flavonoids content. On the other hand, the table 3 shows the antioxidant potential of *J. pectoralis*.

Table 2. Flavonoids content on the aqueous and organic extracts of *J. pectoralis* determined by HPLC and using the apigenine as external pattern

Samplenummer	Extractsolvent	Altitude level (m,a,s,l,)	Quantity of flavonoides (mg/L)*
1	Ethanol	1 265	2 748,0 ± 35,6
2	Ethanol	1 050	977,9 ± 38,4
3	Aqueous	1 265	1 062,3 ± 26,7
4	Aqueous	1 050	798,5 ± 15,3
5	Ethyl acetate	1 265	2 089,8 ± 49,9
6	Ethyl acetate	1 050	806,9 ± 18,1

*The results correspond to the aveage of the three determinations (n= 3) ± DS.

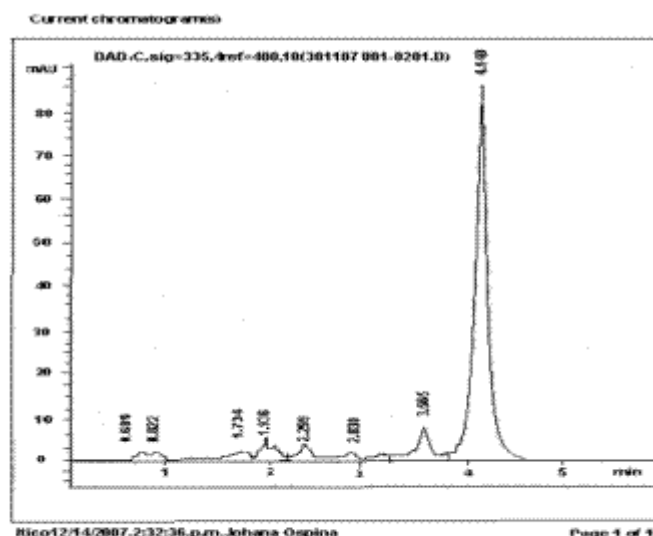


Fig. 2. Chromatography of HPLC samples with a high content of apigenin in *J. pectoralis*.

Table 3. Antioxidant activity of the organic and aqueous extracts collected in two thermal

No.	Altitude level (m.a.s.l.)	Extract	Antioxidant activity			
			CERL (%)	Reducing power	Destablizing capacity H ₂ O ₂ (%)	Chelating Activity (%)
1	1 265	Ethanol	93,56±0,00	0,078 ± 0,0047	57,84±1,24	42,50 ± 0,33
2	1 050	Ethanol	92,99±0,59	0,033 ± 0,0015	58,61±0,63	50,64 ± 3,37
3	1 265	Aqueous	88,02±0,59	0,1 ± 0,0085	67,52±1,03	66,35 ± 1,47
4	1 050	Aqueous	90,62±0,11	0,09 ± 0,0060	84,37±2,58	64,09 ± 1,54
5	1 265	Ethyl acetate	87,76±0,46	0,03 ± 0,0025	56,09±0,49	31,01 ± 4,21
6	1 050	Ethyl acetate	82,60±0,60	0,018 ± 0,0025	55,75±0,97	58,03 ± 4,74
Ascorbic acid AA			99,21 ± 0,3	0,053 ± 0,002	47,15 ± 0,34	29,38 ± 2,16
Gallic acid AG			96,83 ± 0,2	0,213 ± 0,006	59,87± 0,43	-
2,6 di-butyl-4-methylphenol BHT			97,97 ± 0,4	-	-	66,94 ± 4,05
EDTA			-	-	-	92,78 ± 0,083

DISCUSSION

The presented values for the extracts 1 and 5 suggest that the plant has structural diversity on flavonoids; being the polar ones the greatest, either hydroxide and/or glycosides. In general, all the extracts showed a big capacity to react with the prooxidant species, which is beneficial for the human health since the contents of phytophenols in the ethanol and aqueous extracts showed a greater stabilizing capacity of the free radical (CERL) than the corresponding ones of the ethyl acetate.

The capacity to interact with free radical of the phytophenols is considered to be dependent on the location of the functional groups on its structure; so the number and configuration of the donating hydroxiles of H⁺ are of a fundamental importance

to act as antioxidants. Moreover, the biological properties (vasodilators, anticancer, antibacterial, antiviral), pharmacological ones (anti-inflammatory and anti-allergic) and biochemical (estrogenic effects, inhibitors of the phosphatase Enzymes A_2 , Cyclooxygenase, lipoxygenase, glutathionereductase y xanthine oxidase) of the flavonoids have been widely reported.¹⁸⁻²⁰ To this wide spectrum there is added the skill of these phytochemicals to stabilize radical free,^{21,22} sustained in the high number of hydroxile phenolic groups joined the structural rings that typically they possess.

The antioxidant potential of the extracts was re-confirmed by determining its capacity to reduce the ion Fe^{+2} a Fe^{+3} , which is supported in Fenton reaction. This is traditionally defined as the catalytic generation of the radical $\cdot OH$ given the chain reaction between the iron ion and hydrogen peroxide.

It is important to mention that the reducing capacity of a product can be determined by its ability to bind metallic ions that act as catalyzers in reactions that generate free radicals; for instance the Fe^{+2} or the Cu^{+} or the stabilizing capacity of free radicals, already created or the inhibitory potential in beginning reactions of these chemical species, or to its potential to decompose peroxides.²³

Even though most extracts showed results higher than 50%, none was comparable to EDTA, a perfect chelating agent. It has been reported that the chelating agents form sigma binds with the metal, and then, it is grouped as secondary antioxidants, due to fact that they can diminish the redox potential, generating the oxidized form of the metallic ion.²⁴

It is important to mention that the H_2O_2 generates hydroxyls in a catalyzed reaction by metallic ions (Fe^{+2} o Cu^{+}); the hydroxyl radical is a highly reactive species that attacks almost all bio-molecules. Then, removing the hydrogen peroxide is an important measurement of the antioxidant activity of the plant extracts.

Given the fact that the action mechanisms of the antioxidants are diverse and depend on intrinsic factors (structure, solubility, among others) and extrinsic (nature of the pro-oxidizing unit, reducing factor, and sort of trial).²⁵ It is justifiable to use a set of *in vitro* trials with the aim to estimate the antioxidant action of a plant product; pure compound, extract or essential oil.

In this study several solvents were in use for extracting the antioxidant ones, the ANOVA applied to itself to the solvent variable extractor sheltered inside the height ($F_{4,47} = 1.599$, $p = 0,1900$ y $F_{1,47} = 1.1698$, $p = 0.2849$, respectively). The obtained statisticians indicated that influence of the height does not exist in the behavior of the constituent ones of the extracts.

Nonetheless, when applying ANOVA to the solvents in an isolated way, it was revealed a significant difference between them, and the marker $F_{2,50} = 3.2398$, $p = 0.0475$ marker could be gotten.

In order to determine the difference between them, several posterior tests were carried out (post hoc): the LSD test, the Bonferroni test and the Tukey test ($MS = 313.64$, $df = 50.00$), which allowed to know that there were significant differences between the antioxidant activity of the secondary metabolites of the extracted *J. pectoralis* with water and those of ethyl acetate, but not between the latter and the ethanol.

The shown responses by the *J. pectoralis* extracts in the four tests with the antioxidant activity were higher in the aqueous extracts, which could be caused by

the greatest content of polarity compounds, as phenols and flavonoids, usually known for being great antioxidant agents.

This study allows to infer the bioactive constituents of *J. pectoralis* could be included in the non enzymatic secondary antioxidant group among those ones are Vitamin C, since they come from the formation of new free radicals making them in less inconvenient molecules before reacting or can avoid the formation of free radicals from other molecules. Besides it is clear the capacity to capture free radicals and then, it leads to stopping its chain reaction.²⁶⁻²⁸

It is of a particular interest to see that in the related literature on this study does not show similar researches, where the total phenolic and flavonoids of *J. pectoralis* content is evaluated and, additionally the antioxidant activity on different polarity extracts is tested by relating it with the altitude level where the plant grows.

CONCLUSIONS

The work showed that the *Justicia pectoralis*, cultivated under the conditions of climate and soil in Ibagué-Tolima, can be sources of antioxidant compounds given the extracts of different polarity. The height where the plant is cultivated does not seem to influence on its functional properties, as well as the content of phytochemicals (phenols and flavonoids).

The sort of used solvent to extract the active constituents of the plant influence in the antioxidant activity shows, being the aqueous extract obtained by decoction from the greatest potential, which scientifically supports the popular local knowledge in Tolima.

The shown antioxidant action by *J. pectoralis* allows inferring that it can be a plant with a high therapeutic potential and commercial use. The total content of the phenols and flavonoids show that the extracts of *J. pectoralis* are possible to have a good antibacterial and anti fungi activity, which is being subjected to evaluation.

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